

# 10 DAYS

OF PRAYER FOR THE  
FYLDE COAST

2025





# WHAT IS 10 DAYS OF PRAYER?

For the next 10 days, we are going to be praying together as the Church across the Fylde Coast. The main ways you can get involved are:

1. Use this guide to pray each day
2. Join one of the 7.30am zoom calls by visiting [10days.uk/zoom](https://10days.uk/zoom)
3. Join us for prayer and worship with churches from across the region on Saturday 7th June at 7.00pm at Blackpool Church St John's

## HOW TO USE THIS GUIDE?

This guide is designed to give ideas of what to pray for each day. There are ideas for families, Bible verses to read and notes about what else is happening.

You can read it on your own or you could pray with a friend or a small group; there's no formula. Just take a moment to look at the inspiration and begin asking God to make a difference in our region.

For more details about the prayer calls and gatherings, visit [10days.uk](https://10days.uk)

PRAYER IS...

# DAY 1 - PRAYER IS SACRED

SACRED

Do we enter the presence of God - whether in solitude or the company of others - with the silence of adoration, hardly daring to breathe, awestruck before the one with whom we desire an audience, then giving way to an outpouring of worship in word or song?

As members of a royal priesthood, our God responds to the holiness with which he's clothed us and we sense the impulse of his beating heart.

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## FOR FAMILIES

Worship Together -

listen to your favourite  
worship song together

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## PRACTICAL PRAYER

In the Bible, there are many names used that describe the character of God. In your prayer time, make a list of 5 ways to describe God.

## DAILY SCRIPTURE

May your priests be clothed with your righteousness;  
may your faithful people sing for joy.

**PSALM 132:9**

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# COMMUNITY + ISOLATION

Despite being a busy area with lots of tourists, there are a lot of people who find themselves isolated across the Fylde Coast, in particular many seniors are socially isolated. Loneliness can lead to dementia and depression, and a lack of trust in other people.

## WE PARTICULARLY PRAY FOR:

- 01.** those who are currently living in fear, afraid to go out and about in the community. Help us, Father, to meet them where they are;
- 02.** people who are suffering from dementia, now living in care homes and no longer recognising family members;
- 03.** the various social groups that meet in local churches and community centres across the Fylde Coast, and that people can be signposted to them;
- 04.** restoration of trust across the area and the rebuilding of community that brings an end to those who feel isolated and hopeless;
- 05.** the work of the Well Community Café in St Annes providing free food and other services to the homeless, marginalised and vulnerable in our community.

### DON'T FORGET

Daily Zoom Calls  
7.30am each day  
[10days.uk/zoom](https://10days.uk/zoom)

PRAYER IS...

# DAY 2 - PRAYER IS STRATEGIC

SACRED  
STRATEGIC

Yes, we can pray simply and strategically. For example, we can pray that God would bless the Fylde Coast, or that he would build his church in the area. But what should we ask of God specifically in order to see these things happen?

How and where should we ask him to display his authority and perform his miracles?

First of all, ask God how he's wanting you to pray and what he's drawing your attention to. As you ask, you'll experience a stirring of the Spirit within you, start there.

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## FOR FAMILIES

Crafting Prayers -

Using craft materials, like at creation, ask what God would want you to make out of them. Ask Him how you can pray today.

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## PRACTICAL PRAYER

We end our prayers traditionally in the name of Jesus. Think of places in your area that you feel need God - take a risk and go today, simply praying for His kingdom to come, in Jesus' Name.

## DAILY SCRIPTURE

So what shall I do? I will pray with my spirit, but I will also pray with my understanding.

**1 CORINTHIANS 14:15**

# THE LOCAL CHURCH

Across the Fylde Coast, there are many churches and groups of Christians meeting together today to worship Jesus. History and the Bible tells us that when churches work together in unity, God blesses the church. On our day of worship, we pray for renewal in the church.

## WE PARTICULARLY PRAY FOR:

- 01.** empty church buildings that are up for sale or lying derelict across the Fylde Coast, for them to see congregations planted back into those areas;
- 02.** regular meetings between different churches across the Fylde Coast and for a renewed passion for them not to give up on meeting together;
- 03.** more people to be called to the area to serve the local community and get actively involved in sharing their faith;
- 04.** pastors and leaders as they seek to direct churches in the area, as well as providing for the pastoral needs of the congregations;
- 05.** the work of Churches Together in Lancashire as they work across denominations to promote mission and unity through service in the community.

### DON'T FORGET

Final Celebration  
Blackpool Church St John's  
Saturday 7th June, 7.00pm

PRAYER IS...

# DAY 3 - PRAYER IS SUPERNATURAL

SACRED

STRATEGIC

**SUPERNATURAL**

Are you walking close to God? - everything out in the open and your heart at peace with him? - then what an alliance! - a man or woman after God's own heart, meeting with his/her all-powerful Creator, with extraordinary results in our ordinary days. As James reminds us, Elijah dramatically affected the weather conditions in Israel for three and a half years. The same God, with the same supernatural power is at work through our prayers this week.

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## **FOR FAMILIES**

Making Time for God -

When you eat together as a family, begin that time in prayer asking for God to do something special.

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## **PRACTICAL PRAYER**

Have you ever considered keeping a prayer diary or journal? Every time that you pray today, keep a note of all that you have prayed for... and make space for the answers!

## **DAILY SCRIPTURE**

The prayer of a righteous person is powerful and effective.

**JAMES 5:16**



# EMERGENCY SERVICES

Our emergency services work in a demanding, difficult and dangerous set-up, often carrying out their roles around the clock. By praying for them, we can help boost their morale and keep them protected.

## WE PARTICULARLY PRAY FOR:

- 01.** reduction in crime across the Fylde Coast, and for all of those suffering as they are victims of crime;
- 02.** those responding to health emergencies and dealing with people who are in life-threatening situations;
- 03.** good relationships between the emergency services and the local communities, with particular protection in dangerous situations;
- 04.** courses and training being held for local emergency services that help them focus on their own mental health, enabling them to cope with their jobs;
- 05.** the Christian Police Association, the Christian Ambulance Association and Firefighters for Christ as they share fellowship and good news within their services.

### DON'T FORGET

You can use our prayer request cards to collect prayers from friends and family

PRAYER IS...

# DAY 4 - PRAYER IS SENSITIVE

SACRED

STRATEGIC

SUPERNATURAL

**SENSITIVE**

Sensitive prayer is closely connected to strategic prayer. We find ourselves at times bursting with a passion that God's waves of mercy, deliverance, justice and transformation would overflow into our communities but we can't put it into words. We're so overwhelmed by the immensity of the vision we don't know where to begin. Then let the Holy Spirit who understands and foresees everything, express himself through you in his perfect eloquence, with the sighs, groans, tears, cries and shouts (and other languages) which he himself stirs within you.

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## FOR FAMILIES

Getting outdoors -

if you are able, go on a short walk and point out things to pray for on the way.

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## PRACTICAL PRAYER

Is there a space in your house where you can get alone with God in a one-to-one? Make time today to use that space and pray as the Spirit leads you.

## DAILY SCRIPTURE

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.

**ROMANS 8:26**

# VULNERABLE PEOPLE

Within the Fylde Coast, there are areas that have a reputation as being a haven for those struggling with addiction, as well as those stuck in vulnerable circumstances. This can lead to problems that accelerate a lack of housing, abuse and financial problems.

## WE PARTICULARLY PRAY FOR:

- 01.** those that currently have no place that they can call home, and that the Lord will direct them to places that can offer the support that they need;
- 02.** protection for those who are stuck in a cycle of addiction, and that Lord will provide them with a place where they can find hope;
- 03.** those who are stuck in financial difficulties, that the Lord will be able to meet them as the provider that they need;
- 04.** those who are victims of all types of abuse, and that the Lord will be the rescuer to those that need releasing;
- 05.** the work of Blackpool & The Fylde Street Angels, an organisation dedicated to helping those in need on the streets of Blackpool and the Fylde Coast.

### DON'T FORGET

Daily Zoom Calls  
7.30am each day  
[10days.uk/zoom](https://10days.uk/zoom)

PRAYER IS...

# DAY 5 - PRAYER IS SURPRISING

SACRED

STRATEGIC

SUPERNATURAL

SENSITIVE

**SURPRISING**

Prayer opens up exciting and surprising conversations with God. Once you start calling out to him you will realise that he's been waiting for you to get in touch. It's like a boyfriend and girlfriend talking on the phone:

"Did you manage to get the tickets?"

"Yes, I got two... and they're right at the front... and a Hotel Chocolat selection box... and a bottle of Chanel Number 5...!"

Sounds far-fetched? Not with God. He's the one who can do far above anything we can ask or imagine.

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## FOR FAMILIES

Everyday Prayer -

find an item that you use everyday at home (like cutlery) and thank God that he provides for our everyday needs. See who can find the most surprising object.

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## PRACTICAL PRAYER

Think back to prayers in your life that have been answered in a way that you hadn't expected. Thank God for the answers and believe that He will answer some of your prayers today in more surprising ways.

## DAILY SCRIPTURE

Call to me and I will answer you and tell you great and unsearchable things you do not know.

**JEREMIAH 33:3**

# LEISURE + PHYSICAL HEALTH

Whilst the Fylde Coast has two league football clubs and various leisure centres, the area still has one of the lowest life expectancies in the UK, as well as high levels of obesity, significant problems with malnutrition and low mobility.

## WE PARTICULARLY PRAY FOR:

- 01.** staff and players at Blackpool Football Club and Fleetwood Town FC, and especially for the chaplains at each club, giving spiritual care;
- 02.** leisure centres and facilities used in the area to help improve physical fitness and provide social activities;
- 03.** more people to have improved mobility and be able to use the many miles of coastal wall that run along the Fylde Coast, helping them to reflect on creation;
- 04.** those who are struggling with the cost of living, unable to afford good, nutritious food and seeing their health suffer because of poor diets;
- 05.** the work of Green Space Transformations who use their garden services team to transform outdoor spaces across the Fylde Coast and transform the lives of their team.

### DON'T FORGET

Final Celebration  
Blackpool Church St John's  
Saturday 7<sup>th</sup> June, 7.00pm

PRAYER IS...

# DAY 6 - PRAYER IS SUBMISSION

SACRED

STRATEGIC

SUPERNATURAL

SENSITIVE

SURPRISING

**SUBMISSION**

The miraculous transformation of our region - is only possible by complete surrender to Jesus' will. It's saying, "whatever it takes"; "however you want to involve me in answering my prayer"; "whatever loss of reputation or popularity it means for me" - complete submission to whatever God's will is for us in giving us what we ask for - to the glory of Jesus. The bigger the prayer, the greater our submission.

Think very carefully what you're committing yourself to when you pray. Bear in mind that God may want to answer your prayer through you.

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## FOR FAMILIES

Playdough Prayers -

Using playdough or plasticine, begin your prayer time and as you pray, see what shapes you can make using it. Remember God is the potter, we are the clay.

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## PRACTICAL PRAYER

What are the greatest achievements in your life? Write them down and think about them, giving thanks to God and giving Him credit.

## DAILY SCRIPTURE

Going a little farther, he fell with his face to the ground and prayed, 'My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will.'

**MATTHEW 26:39**

# LOCAL GOVERNMENT

Across the Fylde Coast, we have three main councils who are responsible for looking after their residents – Wyre Council, Fylde Council and Blackpool Council. They each have to balance the needs of a transient population with bringing in investment to the area.

## WE PARTICULARLY PRAY FOR:

- 01.** MP's working across the Fylde Coast that they will be able to keep focused on the best interests of their residents;
- 02.** good relationships to develop between the Christian organisations and churches in the area with the local councils;
- 03.** wisdom to make decisions with finance and budgets that will honour God and support the people that need it the most;
- 04.** all of those who are employed by all of the councils who may feel that their roles are insecure due to the need to save money;
- 05.** the work of His Provision CIC who work at various locations across the area providing support for families and food provision.

### DON'T FORGET

You can use our prayer request cards to collect prayers from friends and family

PRAYER IS...

# DAY 7 - PRAYER IS SUSTAINED

SACRED

STRATEGIC

SUPERNATURAL

SENSITIVE

SURPRISING

SUBMISSION

**SUSTAINED**

Jesus shared a story of a widow seeking justice from an uncaring judge. It took time, but her persistence paid off. How much more does our Heavenly Father desire to dispense justice for us when we feel hurt or outraged - even though we don't get the answer we want, or feel we deserve when we think we need it?

It's not the babbling of the pagans, as Jesus refers to, but what is felt deep inside, hard to put into polished, prayer book words. Have you got something which you know God has placed on your heart? You may be the only one who carries that particular burden, but just keep on - God's timing is always perfect.

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## FOR FAMILIES

Write or draw a prayer on a piece of card. Put it in your pocket and pray that prayer 5 times today. (Perhaps keep it in your pocket til it goes in the washing machine!).

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## PRACTICAL PRAYER

Can you think of any prayers that you remember praying for in the past that are yet to be answered? Use today to pray again for these things.

## DAILY SCRIPTURE

Pray continually.

**1 THESSALONIANS 5:17**



# EMPLOYMENT + TOURISM

Many people come to the Fylde Coast area to visit and bring back childhood memories, leading to a thriving, yet competitive tourist industry. Large events such as the Lytham Festival and Strictly help to bring a focus on Blackpool, and lead to investment in the area.

## WE PARTICULARLY PRAY FOR:

- 01.** the work being done around Blackpool Central and the Talbot Gateway, leading to new buildings, more jobs and entertainment for tourists;
- 02.** the residents in these areas who have been forced to move away from their homes to new places as these new developments take place;
- 03.** local residents to be able to fulfil many of the new employment opportunities, and for training to be given to locals to gain the skills needed;
- 04.** those who are currently unable to work, and are relying on local groups and services for their essential needs;
- 05.** the work of Blackpool Community Grocery who are partnering with local businesses to provide food that keeps the people of Blackpool fed.

### DON'T FORGET

Final Celebration  
Blackpool Church St John's  
Saturday 7<sup>th</sup> June, 7.00pm

PRAYER IS...

# DAY 8 - PRAYER IS SUPPLICATION

SACRED

STRATEGIC

SUPERNATURAL

SENSITIVE

SURPRISING

SUBMISSION

SUSTAINED

**SUPPLICATION**

When we pray, we're coming before the great King. Think of Queen Esther, desperate to save her people: helpless, trembling, possibly uncertain - if the king didn't hold out his sceptre towards her, she was in trouble.

In our case, we can be sure that our King's sceptre is always held out to welcome us into his presence. As you pray, come with a sense of awe as you find yourself before his throne - awe which produces stillness and thankfulness for all he's done in the past. Know that nothing is beyond him and that his deep, abiding love will answer your trembling approach.

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## FOR FAMILIES

Make a list of 5 answered prayers and thank God. Then make a list of 5 prayers you want to pray.

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## PRACTICAL PRAYER

If you saw heaven come to earth in your neighbourhood, what would you expect to change? As you pray today, make a list of the things you want to see happen in your area.

## DAILY SCRIPTURE

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

**PHILIPPIANS 4:6**

# MENTAL HEALTH

Blackpool within the Fylde Coast has a significant number of people who are diagnosed with a mental health condition. In fact, more than 1 in 5 people have GP-diagnosed depression. Other conditions are also prevalent.

## WE PARTICULARLY PRAY FOR:

- 01.** healthcare services across the Fylde Coast who are managing high case loads and for their welfare as they cope with the stress of their roles;
- 02.** education and learning opportunities for people within the local church to have an understanding of how best to support people with depression;
- 03.** all of those who are dealing with delusions and elements of psychosis, for their protection as they are at risk of causing harm to themselves;
- 04.** for people to access places that will not only provide them with coping strategies, but give hope of recovery;
- 05.** the work of Refresh Deansgate in the centre of Blackpool as they provide a space and opportunities for people with managed mental health.

### DON'T FORGET

Daily Zoom Calls  
7.30am each day  
[10days.uk/zoom](https://10days.uk/zoom)

PRAYER IS...

# DAY 9 - PRAYER IS SHARPENING

SACRED

STRATEGIC

SUPERNATURAL

SENSITIVE

SURPRISING

SUBMISSION

SUSTAINED

SUPPLICATION

**SHARPENING**

Prayer is sharpening. It shapes us and moulds us to be more like Jesus. Sometimes (as above) you will pray privately during this Pentecost season, but also make every effort to be at that passionate fellowship of prayer, the gathering of kindred spirits which provoke each other to a holy, electric earnestness, even desperation, to express what God wants to hear and to which he too is provoked to respond. It will change you in ways you can't imagine.

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## FOR FAMILIES

Jump and shout -

have a time of prayer together and try to make as much noise as you can, maybe stamping your feet or clapping hands as you pray.

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## PRACTICAL PRAYER

Why not arrange to pray together with one or two friends today? Try something new. At the celebration evening, try and pray together with someone from another church.

## DAILY SCRIPTURE

As iron sharpens iron, so one person sharpens another.

**PROVERBS 27:17**

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# SCHOOLS + FAMILIES

Across the Fylde Coast, there are many children involved in schools, but also living in poverty. As we begin our period of prayer, we look to the young generation and for them to experience God in their early years.

## WE PARTICULARLY PRAY FOR:

- 01.** Secondary schools in the area that have worked with local churches for open doors and for relationships to build;
- 02.** Family Hubs run by Better Start across the area and that families can learn skills to give children the better start in life that they need;
- 03.** youth work and children's teams attached to churches across the town, that they can provide memorable activities and share Jesus;
- 04.** children who appear to be living in neglect and at risk of abuse across the Fylde Coast, that local services will be able to help them;
- 05.** the work of Blackpool schools and youth workers who are working in schools across Blackpool, Fylde and the Wyre taking lessons, assemblies, clubs and workshops.

### DON'T FORGET

Final Celebration  
Blackpool Church St John's  
Saturday 7<sup>th</sup> June, 7.00pm

PRAYER IS...

# DAY 10 - PRAYER IS SECRET

SACRED

STRATEGIC

SUPERNATURAL

SENSITIVE

SURPRISING

SUBMISSION

SUSTAINED

SUPPLICATION

SHARPENING

**SECRET**

Jesus kept some of his strongest words for the religious leaders of his day who wanted to be seen praying in public, deflecting praise and worship to themselves. It's in solitary places where we can be truly ourselves - honest, open and vulnerable before God, reflecting on our personal lives, being silent, just listening, receiving his rebukes, reminders, direction, encouragement and revelation to bring to others. Like Jesus, let's make it a priority to get alone with our Father. Like Jesus, let us then truly be a blessing to our Church family so that we all are able to radiate his life into our communities for his glory.

## FOR FAMILIES

A letter to God -

encourage each person to write something that they want God to do and seal it in an envelope without sharing it with others.

## PRACTICAL PRAYER

We don't always know what to pray for. Today, in a time of prayer, take a blank sheet of paper and sit in silence. Note any thoughts that come to see whether God is speaking as you sit.

## DAILY SCRIPTURE

But when you pray, go into your room, close the door and pray to your Father, who is unseen; then your Father, who sees what is done in secret, will reward you.

**MATTHEW 6:6**

# HIS KINGDOM COME

As we come towards the end of our time of prayer, we turn our focus across the Fylde Coast on seeing God's Kingdom Come, meaning that many more people in our area will come to know Jesus and make a commitment to choose to follow Him daily.

## WE PARTICULARLY PRAY FOR:

- 01.** confidence in the gospel, which will lead people to freely share the reason for the hope they have in Jesus, in many ways, across the Fylde Coast;
- 02.** God to call people in a supernatural way that causes them to seek after Christians through our local churches;
- 03.** passion for equipping new believers across the Fylde Coast through many Alpha courses or similar, and for these to be oversubscribed;
- 04.** ourselves, as local Christians, to be able to share the gospel in all our relationships – in our workplaces, our leisure time and with our families;
- 05.** the work of Hope Café in Lytham where people not only have a chance to make great connections, but enjoy food and drink in a relaxed environment.

### DON'T FORGET

Daily Zoom Calls  
7.30am each day  
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# **PENTECOST SUNDAY - PRAYER IS SPIRITUAL**

After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly. (Acts 4:31)

On the first Pentecost, the disciples set each other alight as they poured out their prayers and God poured out his Spirit. He shook the room, gave them supernatural boldness and no doubt translated many others out of their dark places into the marvellous light of his kingdom. Are we expecting that today?

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All of them were filled with the Holy Spirit  
and began to speak in other tongues as the  
Spirit enabled them.

**ACTS 2:4**

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